

There is new way to develop your parenting potential – MumsCoach.



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Press Release Summary: Experienced mum of 3 sees a great opportunity to change the way people think about being a "great mum".

Press Release Body: Using the philosophies of **Life Coaching**, used by leading business around the world, **Kylie Mills-Coleman**, trading as **MumsCoach** is helping new mums to develop their parenting potential to suite their particular lifestyle and situation.

In one of her recent Newsletters she highlighted how the word "**organised**" means so much more than what immediately comes to mind. I'm sure you have heard "successful mums" saying that they just have to be "**organized**". But she feels it

means so much more.... particularly organising our thoughts. "*To organise your thoughts means clarifying what it is you are really trying to achieve as a parent.*" **Kylie** says. "Most parents would say "happy, healthy, productive member of society" (or something similar), but what does that look like and what actions can you be taking to create this rather than just letting it happen and stressing along the way?"

Kylie is not a parenting expert and freely admits that she is constantly developing her own parenting potential using these **Life Coaching** methodology but she has develop lots of helpful hints and tips and she shares on the website. There is no one right way to raise children but there a hundreds of little ideas that help along the way.

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