

Why surviving extra marital affairs has now got easier



Released on: March 17, 2008, 1:56 am

Press Release Author: **Doug and Chris Young**

Industry: [Education](#)

Press Release Summary: Relationship coaches Doug and Chris Young have attracted huge media attention in the UK since facing massive challenges 25 years into their marriage, overcoming them and coming out of it much stronger. To help others benefit from their experience they have created a free 8 part mini course passing on advice on understanding, coping with and surviving infidelity based on what they went through and how they dealt with it.

Press Release Body: Surviving infidelity in their marriage has certainly put relationship coaches **Doug and Chris Young** into the spotlight. They've attracted huge media attention in the UK since facing massive challenges 25 years into their marriage, overcoming them and coming out of it much stronger.

'We've really been amazed at the amount of publicity that we've received' said Chris. 'It all started when I was contacted by a journalist who wanted to take our story about surviving extra marital affairs to one on the national newspapers. That has led to a string of very high profile articles in newspapers and magazines and a number of interviews on prime time national TV'.

Their story started when Doug confessed to Chris that he had been unfaithful to her repeatedly throughout their 25 marriage, including a

number of one night stands and an 18 month affair with Chris's best friend.

'We were at a relationship seminar at the time and I just knew that the time was right to finally be honest and give Chris the choice on whether to stay with me or not.' admits Doug.

Amazingly Chris decided to forgive Doug and the couple have worked through it all and come out of it with much stronger marriage and relationship than they ever had before.

'Of course it wasn't easy', says Chris 'being relationship coaches ourselves I suppose we were in a stronger position than most to deal with it but what we found was that when it happens to you it's a whole new ball game. The most difficult part was that although there were plenty of other relationship coaches and counsellors offering their support to us none of them really knew what we were going through'.

'Only couples who've been through extra marital affairs themselves, survived it and come out of it stronger can really appreciate what you go through and what it takes'.

'Having come through our own crisis we thought , well as there's no one out there offering help who's got first hand experience on surviving infidelity why don't we become those people. And so now we've turned our attention to doing just that.'

'People constantly tell us that according to the statistics 80% of partners wouldn't consider staying with a partner who's cheated on them' says Doug, *'so the way we look at it that means there are 20% that we can help.*

To help others benefit from their experience Doug and Chris have created a free 8 part mini course passing on advice on understanding, coping with and surviving infidelity based on what they went through and how they dealt with it. This free course can be obtained from <http://www.askdougandchris.com>.

Web Site: <http://www.askdougandchris.com>

**Contact Details: Doug and Chris Young
21 Trueman Road**

**Kenley
Surrey
CR8 5GL
United Kingdom
Tel: +44 (0)7770 945600
Email: doug@askdougandchris.com
<http://www.askdougandchris.com>**