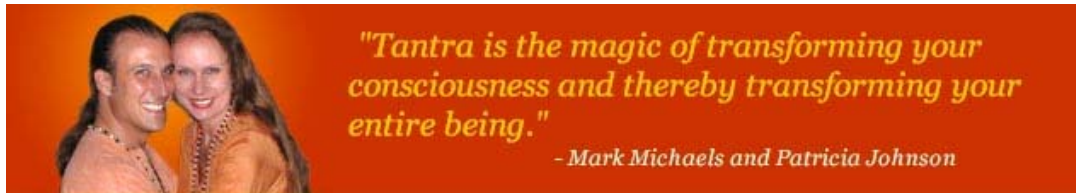


Tantra for Erotic Empowerment by Mark A. Michaels and Patricia Johnson Wins National Best Books 2008 Award



Released on: October 28, 2008, 4:51 am

Press Release Author: [Mark A. Michaels and Patricia Johnson](#)

Industry: [Media](#)

Press Release Summary: Tantra for Erotic Empowerment: The Key to Enriching Your Sexual Life (Llewellyn Worldwide) by Mark A. Michaels and Patricia Johnson has been named a National Best Books 2008 Award Winner in the Health: Sexuality/Sex category and an award-winning finalist in the Religion: Eastern Religions category. The National Best Books Awards are sponsored by USA Book News, the premiere online magazine and review website for mainstream and independent publishing houses.



Press Release Body: **"Tantra for Erotic Empowerment" Wins A National Best Books 2008 Award**

Yorktown Heights, New York, October 23, 2008: **Tantra for Erotic Empowerment** (Llewellyn Worldwide, ISBN: 073871197) by **Mark A. Michaels and Patricia Johnson** has been named a **National Best Books 2008 Award Winner** in the Health: Sexuality category, and is an award-winning finalist in the Religion: Eastern Religions category. Last year Michaels and Johnson won the same honors for their first book, *The Essence of Tantric Sexuality*.

Tantra for Erotic Empowerment guides readers to sexual self-empowerment. Michaels and Johnson, who developed this book based on nine years of experience as Tantra teachers, share experiential methods for

gaining self-knowledge and a comprehensive understanding of one's own sexuality. In *Tantra for Erotic Empowerment* Michaels and Johnson take their readers on a Tantric journey of sexual self-discovery and show them how to experience pleasure with consciousness and intention and thereby enrich all aspects of their lives.

Featuring selections from Tantric literature for reflection, meditations, exercises, and practical techniques for exploring sexuality, plus a foreword from award-winning author, columnist, editor, and film director Tristan Taormino, *Tantra for Erotic Empowerment* is a practical handbook for anyone interested in exploring his or her own sexuality and having a more fulfilling life.

About the Authors

Mark A. Michaels and Patricia Johnson are available for interviews in print, on radio, TV or online. They have been featured in *Redbook*, *Cosmopolitan*, *Jewel*, *Jane*, *Latina*, *The Village Voice*, *SexHerald.com* and Dr. Judy Kuriansky's *The Complete Idiot's Guide to Tantric Sex*. They are also the authors of *The Essence of Tantric Sexuality*, which won the USA Book News Best Books 2007 Award for Health: Sexuality. They teach workshops in the U.S. and abroad and were keynote speakers at the London Festival of Tantra in September 2008. Michaels also holds a law degree, and his translation of Goldoni's "The Mistress of the Inn", was produced by The Roundabout Theatre Company; Johnson, a professional operatic soprano, has performed throughout the United States and internationally.

About The National Best Books Awards

USA Book News Magazine is the premiere online magazine and review website providing coverage for books from mainstream and independent publishers to the world online community. USABN Monthly is the monthly electronic magazine e-mailed free to a large cross-section of the book buying public. USA Book News holds THE NATIONAL BEST BOOKS AWARDS (BBA) annually. Winners and finalists for 2008 have just been announced in over 140 categories covering print, audio books and courses, e-books and interactive CD-ROMs. Awards were presented for titles published in 2008 and late 2007.

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