

Addicts Find A New Life At Drug Rehab Center



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Malibu, California, February, 2009 – Pieces of everyday life come together to create a social norm that gets people through the day. Some pieces are healthy and some are unhealthy pieces that possess the ability to unravel a person's life in the blink of an eye. In those moments, [drug rehab](#) can be the saving grace in life.



Drugs are a readily available piece of everyday life. It does not take a detailed thought process to access various forms of drugs. With a little time and effort, everyone can pinpoint a personal connection to drugs in their life. The connection can come from a friend of a friend that deals drugs or from a shady part of town that offers drugs by the cart load. Cliffside Malibu stands ready in those troublesome moments to be that hand reaching out to provide much needed help and support. A [drug rehab program](#) at Cliffside Malibu is tailored to the individual and not the addiction.

Treatment begins by pinpointing the moment in life that a patient lost it all. That moment can come as a result of tragedy such as losing a loved one or just an overwhelming feeling from life getting the best of a person at one time or another. Cliffside Malibu recognizes that two drug addicts can not receive the same drug rehab and have a successful conclusion. That is why each treatment program matches an individual need to ensure that person gets the needed building blocks for recovery.

Cliffside Malibu takes a drug rehab program one step further by including the family of the patient. At first a patient may feel like the addictive behavior only affects them. As treatment continues, the patient begins to realize that the addiction caused negative behavior that directly affects the lives of those loved the most, family members. Special steps are taken to ensure that family members are included in the treatment process and educated on what to expect as the patient creates a new life. Family is provided with the understanding that the new life for the patient will be a constant daily endeavor. Support and love matched with the external guidance of the center will work towards a successful new life for the patient.

Upon arrival to the center, patients will find a warm and welcoming environment there to greet them. Many of the rooms feature a panoramic view of the Pacific Ocean. Personal chefs are on hand to provide nutritious meals that will give physical energy to sustain a patient through the rigors of drug rehab treatment programs. Accommodations offer a comfortable place for patients to sleep and recharge bodies for the next step of treatment. Not every second of a patient's stay at the center is focused on treatment. There are plenty of opportunities to relax and make new friends if desired.

Staff at the center approach drug addiction from several different angles. Therapy is offered on an individual and group basis. Opportunities for hands-on therapy are presented through programs such as equine (horse) therapy and massage therapy. Additional staff members in the [drug rehab center](#) include herbalists, acupuncturists and residential advisors. These advisors serve as a patient's friend ready to provide support as needed to help through every step of the process.

Cliffside Manor offers a wide range of treatment programs for addiction behaviors. Among the treated addictive behaviors at the center are alcoholism, drug addiction, depression, anxiety and eating disorders. Additional information on all that the center has to offer can be found at www.cliffsidemalibu.com or by emailing admissions@cliffsidemalibu.com.

About Cliffside Malibu: Cliffside Malibu provides full scale treatment programs for a wide range of addictions. Staff is professional and discreet in dispensing the best course of action that serves an individual need to ensure the right course of action is taken the first time around. This ensures a successful second start to life in a healthy, happy, non-addictive manner.

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