## Cliffside Malibu Opens – Best In SoCal For Addiction Treatment





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Malibu, California, February, 2009 - Cliffside Malibu is located north of Zuma Beach and overlooks the Pacific Ocean. Unlike many treatment centers in Malibu, Cliffside is far removed from the noise and other intrusions that Pacific Coast Highway brings. Occupying almost two acres, Cliffside features privacy, beautiful architecture and decoration, and modern amenities such as plasma TVs and wireless Internet access - making it the perfect setting for primary treatment and/or extended care. They offer tours of this five star <a href="alcohol rehabilitation">alcohol rehabilitation</a> and other addictions facility.

Their alcohol rehab program has been developed by experts to counter the effects of long-term alcohol abuse and to give their patients the best chance to beat alcoholism, while staying in an absolutely stunning facility which is state of the art.

Cliffside Malibu is a renowned drug detox rehab center situated on a private estate



overlooking the Pacific Ocean. The location is ideal for ensuring privacy and freedom from distraction for their patients, as well as providing a calming and relaxed atmosphere to aid their recovery. With a full complement of highly experienced staff, including therapists and counselors who are experts in the treatment of addiction disorders, Cliffside Malibu offers unparalleled drug rehab programs.

Drug addiction is treated at both the physical and psychological levels using programs that are personalized for each patient. Every Cliffside Malibu

patient is assigned to a primary therapist who personally monitors their progress and adjusts his or her treatment program to obtain the best results. They offer programs that assist patients in returning to active life and ensure continued success with after-care measures as well as providing counseling to families.

At Cliffside Malibu, they offer two comprehensive programs - primary treatment and extended care - to assist their clients in achieving lasting sobriety in an <u>alcohol rehab program</u>, or other addiction therapy. Each of their new clients participates in a medical and mental health screening by their staff physician, a clinical therapist and a psychiatrist. These screenings help the guest and their therapist design a unique treatment plan that reflects the needs identified during this evaluation process. A treatment plan identifies specific challenges that the guest and their therapist believe should be addressed during their stay at Cliffside, while it also provides a tool for measuring progress.

Treatment at this five star, high tech facility, goes above and beyond and the surroundings aren't half bad either. If someone is only thinking about entering a rehab facility for themselves or their loved one, a tour of this place is a definite must. Go to the edge of the cliff and look out at the Pacific Ocean. Sit for a few minutes in one of the deck chairs facing the setting sun. If a stay here is decided upon, this is a thing to look forward to.

After recovery, a former addict here at Cliffside Malibu will appreciate watching the sun rise more, rather than watching it set. Inside or outside the top notch scenery, room furnishings, treatment options and facilities, exercise and entertainment opportunities, will surely aid in recovery. It's a given that surroundings influence a person's psyche. Here, a guest gets a head start, as well as a fresh one.

Uplifting physical and mental experiences go a long way towards the road to recovery, and at Cliffside Malibu they give it all they've got. Discover this stunning place and decide whether it will suit you either for the present, or in the future.

For additional information on the news that is the subject of this release, contact cliffsidemalibu.com.

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