Cliffside Malibu Opens For Treatment Of All Kinds Of Addictions





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Malibu, California, February, 2009 - More and more American are suffering from addiction. Addiction comes in a variety of forms - drugs, alcohol, depression, and even pornography. Cliffside Malibu and its team of qualified experts in the form of group leaders, psychiatrists, and a great staff of chefs and other rejuvenating services, are there to help people who are truly seeking help, to get that help in their state of the art luxury facility. Addiction is on the steady increase in this

country due to the economy, life, and other stressful factors.



Instead of working with their stress, **Americans** manv turn to forms of addiction for help instead of dealing with it in an enlightened wav that is positive and affirming. life Cliffside Malibu is there to change all

that. Cliffside Malibu's goal is to help those who want help themselves, turn away from their addiction and cope with life. Cliffside Malibu is the place to go for addiction treatment.

It's easy to get taken in by false treatment centers that take your money; just plain don't work; don't have the services you need - or do not treat you as a whole person. The latter is key to getting better. Cliffside Malibu offers patients everything that they need to fully recover as a whole person and reclaim their lives, their jobs, and their families, from the insinuating illness that is addiction.

Cliffside Malibu is set in sunny Malibu, in lovely Southern California. The center boasts chefs, gourmet cuisine, great furniture, helpful and soothing décor, and of course, spectacular views of the sea. Patients staying at this rehab resort can enjoy great views and a good climate during their recovery. Addiction is hard and getting over it is even harder. Being surrounded by beauty and comfort makes the whole process easier and helps patients focus on the problem at hand, whether it is their alcohol rehab, treatment for drug addiction, or other addiction related illnesses. Patients can enjoy leisure services, gourmet meals from the staff, holistic treatments - all in a welcoming, caring

environment. This is a boon in helping them to recover.

Using dual diagnosis, a holistic, whole-body, whole health diagnosis system that is an integral part of addiction treatment - Cliffside Malibu seeks to find out the whole problem and treat not just the addiction but



the whole person so that they can be free from their addiction and heal the cause of the addiction at the same time. Addiction and its recovery must involve the whole person. Cliffside Malibu treats the whole person, not just the addiction.

In a recent blog post they stated: "The best <u>alcohol rehab center</u> is that which gives patients a fresh start in life. That might sound clichéd, but the plain fact of the matter is that alcohol rehab can only succeed when it helps an alcoholic remake themselves and their world. Alcohol addiction, after all, is a thoroughly devastating disease. To overcome it demands a thoroughly holistic sort of recovery, driven by an<u>alcohol addiction treatment program</u> designed to help an alcoholic get better from the inside-out."

Cliffside Malibu also boasts a highly trained staff of psychiatrists, group leaders and other professionals, to help people through the long road to recovery. They also have highly trained staff that helps their patients after they have left Cliffside Malibu, to make sure that people can take back and keep their lives from the perils of addiction. Aftercare is a critical factor in continuing patient care. Addiction is tough, but the addiction treatment program at Cliffside Malibu is tougher.

For additional information on the news that is the subject of this release, contact<u>cliffsidemalibu.com</u>.

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