

Cliffside Malibu Opens – Stunning New Treatment Center Helps Those in Need



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Author: <http://www.cliffsidemalibu.com>

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Malibu, California, February, 2009 - The panoramic ocean view from one of Cliffside's balconies is something else. Stylish design, lush landscaping, beautiful trees, endless blue sky, sandy beaches, and the peaceful waters of the Pacific – a resident here sees this every day while taking their [alcohol rehab program](#).

Mouth-watering, healthy, gourmet meals are prepared by their head chef, Cody Cargill. Only the freshest, finest ingredients are used in the preparation of their food, ensuring a nutritious, and delectable dining experience. Whatever a guest's taste is, their chef and his staff are dedicated to making sure the food served to their residents is the tastiest, healthiest, and most nutritious meal they can get. Experiencing the added bonus of great food can surely aid in recovery here. Cliffside residents are provided nutritious meals by their professional Cordon Bleu chef and full-time kitchen staff. They accommodate all dietary concerns such as vegetarian and vegan diets, kosher needs and food allergies.



Dining at Cliffside is a community experience that everybody looks forward to. Meals are served buffet style and residents are seated informally in their panoramic dining room, with 180 degree ocean views. A guest would be hard pressed to ever find a restaurant with such stunning views and atmosphere.

Physical fitness is an important part of the treatment program at Cliffside Malibu. Their fully-equipped gym includes treadmills, stationary bicycles, weight machines, free weights and access to a personal trainer. Cliffside residents are also encouraged to make use of their heated lap pool. Whether for simple exercise or as a meditative activity, the private and beautiful surroundings ensure a vigorous, enjoyable experience. The large and comfortably furnished dining and living room areas at this

[alcohol rehabilitation](#) center, give residents more than enough space to freely enjoy dining, social, or recreational activities. Numerous windows let in plenty of fresh air, and provide inspiring views of the Pacific Ocean and California coastline.

In the evenings and during other periods between treatment and scheduled activities, many Cliffside residents gravitate towards the living room to watch TV, play games, and hang out with new friends. Away from the rigors and demands of treatment, Cliffside residents can relax in their meditation garden. Surrounded by the beauty and aroma of Spanish lavender, this spot is a favorite of many residents.

With plasma TVs, internet access, scented candles, fireplaces, and other luxury amenities available in their comfortable, inviting bedrooms, occupants have the choice of entertainment, ambiance, or both. Another example of the dedication they have to creating a positive, pleasant environment for our residents during their recovery and rehabilitation or while undergoing [drug detox](#).

At Cliffside Malibu, each and every resident bathroom is its own private retreat. Their bathrooms feature separate water closets and are elegantly decorated and appointed with items such as Egyptian cotton towels and boutique soaps. These bathrooms are such that a guest may want to renovate their own bathroom at home, they are so spa-like. And the bedrooms - no expense is spared in decorating and appointing their private bedrooms.

Treatment is a long and rigorous process; as a result, Cliffside ensconces residents in as much comfort and luxury as possible to aid in the recovery process. And, one of many places at Cliffside to find relaxation, the West Garden - features beautiful Grandiflora roses, Spanish lavender and local wildflowers - many of which find their way inside to decorate the house. Such attention to detail is abundant in this facility. Most hotels don't have this amount of caring and understanding. This is all fuel for the mind as their gourmet meals and surroundings are food for your spirit and physical body, as well.

For additional information on the news that is the subject of this release, contact cliffsidemalibu.com.

Contact Details: Cliffside Malibu
1-800-501-1988
<http://www.cliffsidemalibu.com>
admissions@cliffsidemalibu.com