Drug Rehab and Alcohol Treatment Center Mountainside appoints Continuing care coordinator expanding its scope of treatment beyond the treatment facility



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Drug Rehab and Alcohol Treatment Center Mountainside has expanded its drug addiction treatment services to include an Aftercare Coordinator. This addiction professional will collaboratively work with each client and their counselor and construct the most appropriate aftercare plan to ensure a lasting recovery. In addition, the Aftercare Coordinator will work with the national network of aftercare providers that Mountainside Drug Rehab regularly works with, to ensure that each client has a custom tailored aftercare plan in place to achieve a seamless continuum of care.



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Mountainside Drug Rehab and Alcoholism Treatment Center will be "Staying connected" to all of its discharged clients from the moment that they are discharged forward. As part of its broad and encompassing approach to drug addiction and alcoholism treatment, Mountainside is constantly improving and adding to its list of services in its quest to provide the best treatment for its clients. "This is a great and natural opportunity for us to offer our clients a full continuum of care" said Mountainside Drug Rehab's executive director.

For many years providers of inpatient substance abuse treatment have advocated the benefits of longer lengths of stays for those undergoing treatment, citing that recovery rates are better for those who spend more time in treatment compared to those who stay briefly. Mountainside is hopeful that through its new treatment component it will achieve the effect of longer lengths of stays through succinct aftercare treatment planning and follow up communications. Many times people can benefit from longer treatment, however are not afforded the appropriate time away to receive the necessary treatment – it is the mission of the Aftercare Coordinator to bridge that gap and construct find a solution.

Founded in 1998, Mountainside Drug Rehab has pioneered many changes in the treatment community as part of its mission to ensure the highest quality and most effective care for its clients. To learn more about the Aftercare component at Mountainside Drug Rehab or the many other services of their Drug Rehab Program, please visit them at www.mountainside.org/drug-rehab

Or Call our admissions professionals with any questions you may have. 800-762-5433

Contact Details: Mountainside PR PO Box 717 or 187 South canaan Rd. Canaan, CT 06018 800-762-5433 Or Visit our website at: <u>www.mountainside.org/drug-rehab</u>