

# The Friends Of The Forces Of Nature Dance Theatre Present "Stories... Of Darkness And The Lightness Of Being"



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(New York) – The stories told seek to promote planetary and societal healing as well as the exploration of the yearnings of the human soul for higher consciousness. The two evenings comprise a Haiti Fundraiser and Gala Concerts featuring the works of Choreographer and Artistic Director, Abdel R. Salaam.

Friday, April 9th and Saturday April 10th, 2010 at Harlem Stage/Aaron Davis Hall, City College, 135th Street and Convent Avenue, Harlem, NY—Friday night fundraiser for Haiti Relief efforts will begin the choreo-narratives of our journey to understand and master the forces of light and darkness which form the commentary of our lives.

Friday will feature "Axis: Temples of Ice", a statement on global warming and the melting of the earth's glaciers ; "Smooove" , the voice of calm and peace in a world gone dark but not without hope; "The Life and Legend of Marie

LaVeau" celebrating the life of the famed Voodoo priestess of 19th century New Orleans featuring the enchanting and legendary soloist, Dyane Harvey; The world premier of "Tock Sick...The Healing Winds" , a commentary on the consequences of a carbon fuel based society featuring guest artist Nathan Trice; and " A Question of Modesty" which speaks to us of the imposed values that modern religion have placed on African culture . Saturday, April 10th will premiere a new work in progress entitled "A.P.C." This new "story" explores how our inherited value systems impact some of the personal choices we make that influence the way we live our lives.

The Forces of Nature was founded in 1981 by Choreographer and Artistic Director, Abdel R. Salaam and Executive Managing Director, Dele Husbands. The company continues to tour nationally and internationally and is currently in residence at St. Martin's Episcopal Church at 230 Lenox Avenue , Harlem N.Y.

Forces of Nature Dance Theatre has been critically acclaimed as visceral, thought provoking and creatively brilliant. Abdel R. Salaam utilizes a unique blend of performing arts, which includes [contemporary modern dance](#), traditional West African dance, ballet, house and hip-hop forms as well as live and recorded music.

The company has designed a professional training program funded by the Harlem's Children Zone for teenagers from 12-17 conducted at their studio on Lenox Avenue. Instruction is free with a placement audition for classes in [Ballet](#), Modern, Hip Hop and West African Dance. Additional classes for adults and students are conducted in Pilates and Fitness. Information on the company can be found at [www.forcesofnature.org](http://www.forcesofnature.org). or by calling 212-722-3320.

Tickets for "Stories..." are \$25 general seating; \$15 Balcony/Mezzanine, and \$12.00 for students. Group rates are available for 10 or more. VIP tickets (\$100 Fri / \$75 Sat) include special seating; gift bag; listing in program and reception. Tickets may be purchased Monday – Friday from 1-6 pm. at the Aaron Davis Hall Box Office, located on the campus of the City College of New York at 135th Street and Convent Avenue or by calling 212-650-7100.

**Contact:**

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