

3:30 Detox Diet launched by Matakana SuperFoods



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NZ Super Detox diet first in the world to use new Stem Cell nutrition

October 25, 2012, 4:15 am -- /[EPR NETWORK](#)/ -- The 3 day 3:30 Detox Diet combines 10 unique high-quality, super-ingredients which will set users on the path to better health, according to Matakana SuperFoods founder Kevin Glucina. "When I initially set out the foundations for the 3:30 Detox Diet I had many natural super-nutrient ingredients to choose from to help get the formula right. I narrowed that field down to the 10 most important ingredients for a detox diet. We included Cracked cell Chlorella which has recently been tested in Japanese clinical trials for reducing dioxin transfer from mothers milk to baby with remarkable results. Another ingredient is a long chain polysaccharide from Goji berry which has shown some protection for the liver in alcohol poisoning in rat studies. Both of the ingredients mentioned seem to reduce the impact of radiation exposure in human and rodent studies as well so there is a component in their antioxidant or phytochemical profile which is beneficial to our health.

The calorie intake from the 3:30 Detox Diet sachets, which are taken in a glass of water 4 times per day, is low but the nutrient content is very high. In the sachet formula I have included 7 ingredients which have some of the highest natural antioxidant levels in nature, as well as a powerful array of vitamins, minerals, electrolytes and phytochemicals. With the 3:30 Detox Diet we are restricting caloric intake over the 3 days but at the same time flooding the body with super-nutrients. The result will be a 3-day transformation of body chemistry, alkalinity and overall nutrient profile. Matakana

SuperFoods have been a world-leader and first to market with many popular Superfood products. There are "world first" ingredients in the 3:30 Detox Diet as well. The ingredients contained within the 12 capsules which participants will take each day, in addition to the 4 sachets, contain 2 organically-certified green alkalisers and a special new purified ingredient from Undaria seaweed called Fucoidan. Fucoidan is a leading new product in the world of nutraceuticals and clinical research in Asia and Australia has shown that Fucoidan aids the function of adult stem cells by making it easier for the stem cells to get to and aggregate at repair sites around the human body. Stem cell nutrition is the new horizon in the health food industry. Adult stem cells are the most important component of repair and maintenance of our immune system and body on every level and any natural substance that can support stem cell function has incredible potential for our health and wellbeing. This is the first time such a rare substance like organic Fucoidan has been used in a detox programme, and combined with all our other super-nutrient ingredients it will make the 3-day 3:30 Detox Diet one of the most advanced detox diets anywhere in the world.

<http://www.matakanasuperfoods.com/ms/product-descriptions/156-330-detox-diet.html>

Fucoidan – A Sulphated Polysaccharide of Undaria Seaweed

Contact Details: Email matakanasuperfoods@xtra.co.nz
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