

# The Hearing Company Reveal Handy Tips for Hearing Aid Users to Stay Active and Play Sports



Released on: January 17, 2013, 7:39 am

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Industry: [Healthcare](#)

January 17, 2013, 7:39 am -- [/EPR NETWORK/](#) -- As we look back upon a fantastic year for British sport, the UK's leading provider of modern hearing aids has some great ideas about participating in sport, despite any hearing difficulty.

When the success of the London 2012 Olympic Games was only added to by the Paralympic games, an important message was sent out which made clear that just about anybody could take part in fun and exciting competitive sport and all would benefit from doing so; even those with hearing difficulties.

The modern hearing aid allows the hearing impaired to lead as normal a life as possible, and do many of the things that they might have done previously. But wearing hearing aids and playing various sports can be extremely challenging, whether those sports are played individually, or as part of a team.

Communication is vital in team sport, but that communication needn't purely be verbal. If you are keen to remove your hearing aid during the game, it is important to speak to your coach and your teammates and suggest the best way for them to communicate with you during practice and match play. When the coach is dishing out important words of wisdom, make sure you have a clear line of sight to the information, or suggest an alternative method of getting the information across, such as a whiteboard.

As small electronic devices, a number of hearing aids can be sensitive to excessive sweat. A simple headband or sweatband will prevent any moisture from affecting the hearing aid, and can even help to keep the device in place.

A number of waterproof digital hearing aids are available, and these devices, won't just help with a little sweat, but can also be worn whilst swimming. These devices are more expensive to purchase and are only recommended to regular swimmers.

For more information about the different types of hearing aid available and the ways to book a hearing test with The Hearing Company, visit the official website today.

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Press release distributed via EPR Network (<http://express-press-release.net/submit-press-release.php>)