

Be Thin Now - Why Weight?

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March 05, 2013, 10:15 am -- /[EPR NETWORK](#)/ -- "Secrets from a Size Zero" by Lori Bassarab, is now available for anyone wanting to be thin. Be Thin Now – Why Weight? Don't just wish for a thin body, do something about it and get one. Everyone knows what it's like to overindulge and let cravings for indulgences take over, but not everyone stops dead in their tracks and takes a new direction so their life goes in a better, thinner track. Be one of those people who takes action and gets the body they want to have, by reading "Secrets from a Size Zero" by Lori Bassarab, available at Barnes and Noble and Amazon.

Frank Sinatra once said, "The best revenge is massive success." You don't need to be an expert in everything, just be really good at something. Figure out what you are good at and do it. Many diet books are written by people who are great at something; however, that something is usually not being thin. It's best to listen to someone who is an expert at the area of expertise they are writing about. Lori Bassarab is an expert at being thin. She knows what it's like to lose 50 pounds and what it is like to live her life at the not-even-a-real size, size zero.

If being thin matters to you, don't second guess it, buy "Secrets from a Size Zero" now at:[amazon](#) or [barnes&noble](#).

About the Author: Lori Bassarab, Author of "Secrets from a Size Zero" has a Bachelor of Arts in Journalism and film, and has lived, worked and gone to school in the United States, England and Canada.

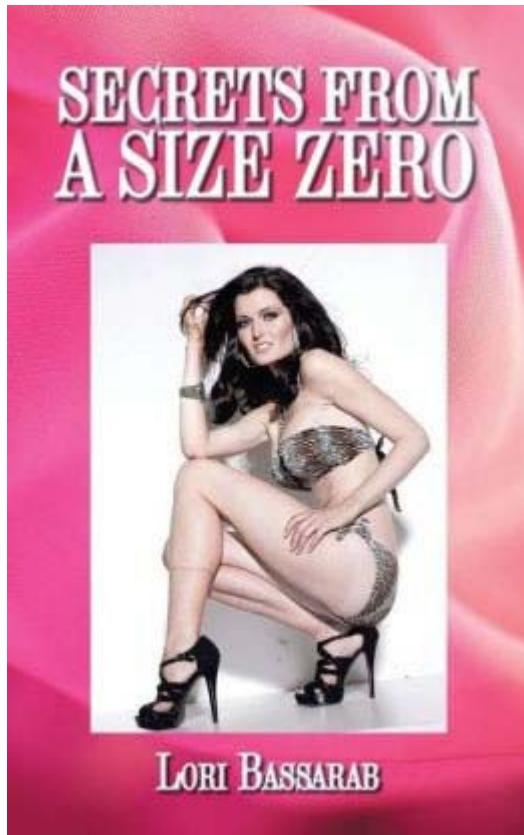
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