GK First Aid Training Offers First aid Courses for People With Diabetes

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Both open and in-house courses are offered.

LONDON UK, March 11, 2013, 3:20 pm -- /EPR NETWORK/ -- While diabetes for the majority of diabetics is generally well managed through diet, medication and/or insulin injections, emergencies can occur for a number of reasons. It is vital that work colleagues, teachers and caregivers have the first aid skills to cope with an extreme situation such as a diabetic coma or insulin shock. Ideally, every workplace and childcare or educational institution should have a number of personnel with specialised first-aid training for these kinds of emergencies.

Insulin shock occurs when the body has too little sugar (hypoglycemia), generally due to too much insulin being taken, a diabetic misses meals or possibly after exercise if the blood sugar level is not monitored closely. A diabetic coma, on the other hand, results from too much sugar (hyperglycemia); victims may be confused or completely lose consciousness. A diabetic coma can occur when blood-sugar levels are extremely high, this condition in diabestes is generally most common in diabetics who are not even aware that they have the disease. High blood sugar is often accompanied by frequent urination, which – in turn – can also cause dehydration, leading to confusion, allied with persistent low energy levels. GK First Aid Training will

prepare participants to deal with any of these emergency medical situations.

GK First Aid Training delivers first aid training courses throughout the UK. Courses cover a wide range of issues from first aid to health and safety and can be tailored to each client's requirements.The main aim of first aid training is to ensure the quality of the course, but you will also find the pricing is also competitive . Affordable open courses are offered on a regular basis in London, Birmingham and Manchester. Dates for these courses can be found on the company's website. Additionally, the company offers in-house training for schools, colleges and businesses. One of the advantages of on site training is that you as the client, can select the date that any training course is delivered. This allows several employees to receive training at the same time – up to 12 can be accommodated. These courses can be one or three days in length, depending on an organisation's needs. GK First Aid Training's courses are Health and Safety Executive (HSE) and comply with the syllabus for the Early Years Foundation Stage (EYFS).

As a footnote the number of diabetics in the United Kingdom (UK) diagnosed with the condition has just gone through the 3 million mark for the first time.

For more information, or to book a first aid course,
visit http://gkfirstaidtraining.co.uk.

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