

Motorists are Needlessly Wasting Fuel Through Ignorance



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June 10, 2013, 4:25 am -- /[EPR NETWORK](#)/ -- Whilst the usual focus of [TorqueCars](#) is on car tuning, they spend a lot of time educating drivers, making the roads a safer place and keeping the flow of traffic going.

The forums are full of tips and pointers from seasoned car tuners and enthusiasts from around the world making it a great destination for people looking for sound advice.

TorqueCars note that there are a few common mistakes drivers make that are costing them hundreds each year.

Poor maintenance of the car wastes money. Oil changes are vital and reduce wear and tear on the engine. Good quality oils can also save fuel by effectively reducing the friction in the engine. Low oil levels and using the wrong oil really accelerates engine wear and worn engines are less efficient and will use more fuel.

Additionally when filters get clogged up, air fuel and oil they add restrictions into the engine decreasing efficiency.

Tyre pressures make a big difference to your fuel consumption. Under inflated tyres can adversely affect your handling, in addition to wasting fuel. TorqueCars owner Wayne Smith says, "In the real world simple things like checking tyre pressures, adjusting your driving style and correctly servicing your car can make a massive difference to your motoring expenses and costs."

Driving style and habits are certainly one of the biggest wastes of resources. Most inexperienced drivers are guilty of at least some of the following fuel wasting habits.

Driving too fast - this can waste around 15% of your fuel or more!
Going at 50mph is a lot more fuel efficient than driving at 70mph.
Every 5 mph over 70 uses exponentially more fuel.

Braking hard also wastes a lot of momentum. Just easing off the throttle earlier as you approach a stop or junction will also avoid wasting fuel.

There is also another top tip from TorqueCars. Choose the right gear!
Contrary to popular belief being in too high OR too low a gear will waste fuel. Your aim should be to keep the car in it's power band where it is most efficient. Going outside of this will not only waste fuel but will increase the wear and tear on your engine resulting in costly repairs.

In addition to these fuel saving tips there are some tuning modifications you can apply to your car to maximise your fuel.
TorqueCars website goes into these in some detail and they range from remaps, internal engine work and modification to the wheels and tyres.

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