

Leaky Gut Cure Through Holistic Nutrition Announced

Released on: April 21, 2014, 11:48 am (EDT)

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Industry: [Healthcare](#)

Chennai, TN, India, April 21, 2014 -- /[EPR NETWORK](#)/ -- Sufferers of [leaky gut syndrome](#) will be cheered by Karen Brimeyer's announcement of a program called "Leaky Gut Cure" that can relieve symptoms and ease suffering from the crippling digestive track disorder. Based on healthy lifestyle recommendations, this holistic cure is based on dozens of effective ideas evolved over stringent testing and experimentation.

Nearly 2 million people have leaky gut syndrome, a poorly defined and often under-diagnosed gastro-intestinal system disorder that causes belly aches, bowel disturbance and food sensitivities. Patients often complain of abdominal cramps, bloating, flatulence and indigestion. Tired of one fad diet after another, people who have silently suffered from the condition will find this leaky gut syndrome cure the answer to a prayer.

"Obviously this system is based on extensive testing, and the author has clearly tried these methods out herself before suggesting it to others," opined one of the early reviewers who thought the 5-point program was likely to help her. Many others who have undergone the holistic program have echoed similar sentiments.

The system called "Leaky Gut Cure" was devised by Karen Brimeyer who is a holistic nutritionist and functional medicine practitioner. It is based on a five part sequence of advice that has been shown to reverse or at least mitigate leaky gut syndrome with all her own clients. The newly packaged course takes this information out to a new audience across the world.

"The health of your gut is important in your overall health and well being" says Karen. "Leaky Gut Cure is powerful information for anyone who could be having undetected gastrointestinal disorders resembling the syndrome."

Many effective treatments and lifestyle changes are revealed in this guide, including 3 health foods that are widely recommended and consumed by millions of people daily, but that could make the symptoms of leaky gut syndrome worse. Considering how beneficial it is to sufferers, the program is affordable and widely accessible. Victims of leaky gut can get the information without wasting hundreds, or even thousands of dollars on expensive doctor visits or costly tests to detect and monitor disease progress.

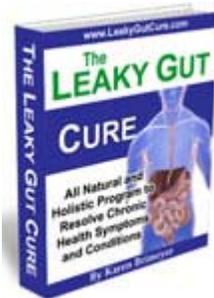
Karen Brimeyer is giving away a free report that shares three effective techniques for leaky gut cure from her website. For more information about the Leaky Gut Cure go to <http://www.LeakyGutCureReview.org>

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