

AIDS Research Group Reports Significant Viral Load Drop in HIV/AIDS Infected Study Groups



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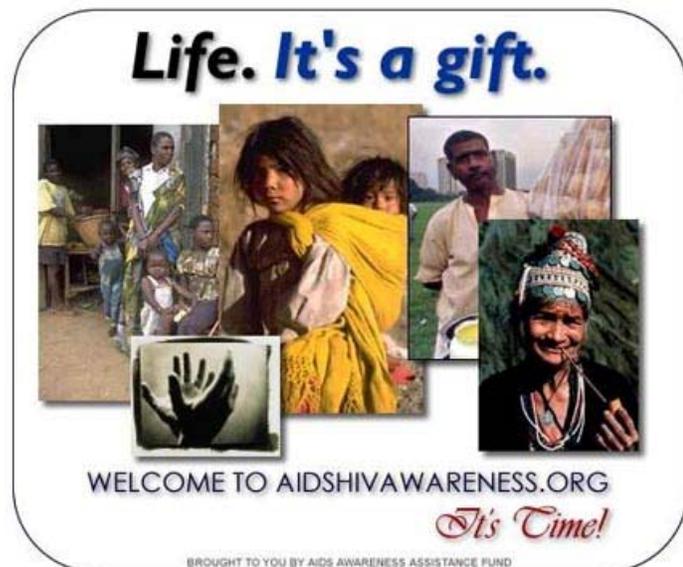
Industry: [Healthcare](#)

Press Release Summary: Continued testing in rural Southern Africa shows promising results for those with HIV/AIDS

Press Release Body:
Mansfield, TX - Nov. 20, 2008

AIDS Research Assistance Institute, a non-profit organization, has been monitoring hundreds of people with AIDS/HIV when they add the immunity boosting food supplement, 'concentrated **Flax Hull Lignans'** (FHL) to their

diets. The results are better than expected and may hold a key for future researchers as they try to find solutions to the AIDS pandemic



worldwide.

Boasting a 92% success rate, **A.R.A.I.** has been involved with rural Southern African grass roots organization leaders who have been giving **FHL** to people suffering from the AIDS/HIV virus. Typically when an HIV infected person adds 1.5 tsp of the **FHL** to their daily diet, their viral loads drop significantly (around 35% of them drop to non-detectable within the first 6 weeks!) and their CD-4 counts (measurement of immunity) raise in great numbers. A malnourished child will also typically start growing in height and weight once introducing the **FHL** into their diets. Many children have grown between 6-11 cm in a three month period!

Researchers can only speculate as to the exact function of the **FHL** that is causing the success. Many studies have been done in the U.S. by doctors that show lignans boost immunity. The FDA has reported that flax seed lignans have anti-viral, anti-bacterial, and anti-fungus properties.* Tests have shown that **FHL's** ORAC values (measurement of anti-oxidants) are very high. Kale, the super anti-oxidant dark leafy green vegetable, has an ORAC value of 1770, while **FHL's** equivalent ORAC value is 19,600. **FHL** has typically been researched for it's effects against cancer but now hundreds of people with AIDS/HIV are feeling better, going back to work, and are causing researchers to take a serious look at the possibilities of using a simple, all natural food supplement to help fight AIDS/HIV.

Web Site: <http://www.aidshivawareness.org>

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