

EquiChord Releases Dressage Freestyle Book and CD



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Press Release Author: y CeCe and Frank Maddlone with Dr. Cesar Parra, Trafalgar Square Books

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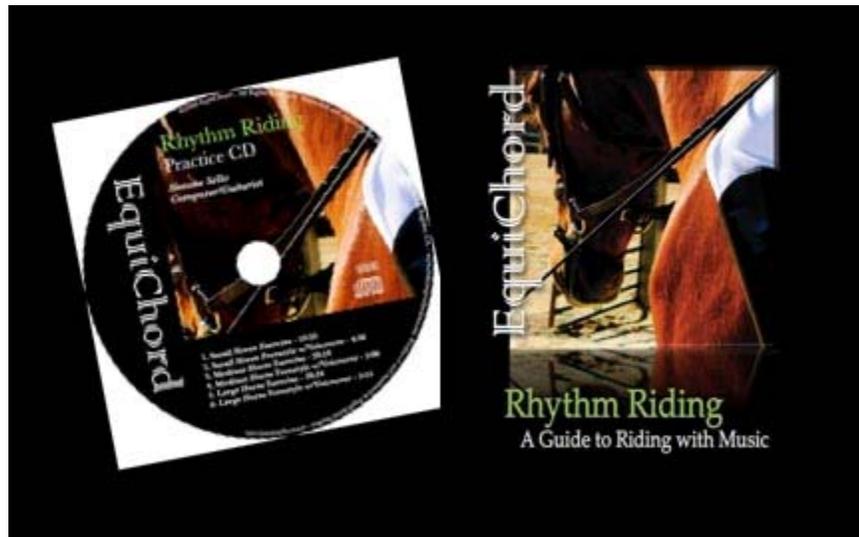
Press Release Summary: Rhythm Riding: A Guide to Riding with Music, by CeCe and Frank Maddlone with Dr. Cesar Parra including interviews with: Rebecca Langwost-Barlow, Nicole Uphoff-Selke, Dr. Volker Moritz

EquiChord, a professional music studio that provides creative musical arrangements and choreography for amateur and professional dressage riders alike, has authored Rhythm Riding

- a book that provides a proven step-by-step process that makes learning to ride with music an enjoyable and achievable goal.

Press Release Body: Creating the perfect dressage musical freestyle can be an overwhelming prospect. EquiChord, a professional music studio that provides creative musical arrangements and choreography for amateur and professional dressage riders alike, has authored Rhythm Riding - a book that provides a proven step-by-step process that makes learning to ride with music an enjoyable and achievable goal. Covering each level through FEI, the book begins with the basics of the compulsory requirements with a lists of do's and don'ts, explores the addition of music, and then culminates with reinforcing exercises. In addition, the book provides a guide to available technology, the best metronomes, and a primer on the elements of music for beginners.

Best of all, the reader can immediately apply what they've learned while riding with the accompanying Rhythm Riding Practice CD. It supplies 60+ minutes of originally composed and



arranged music from set to tempos that fit the average gaits of small medium and large horses.

Written in collaboration and consultation with internationally acclaimed dressage rider and trainer Dr. Cesar Parra, and it features interviews from: FEI rider, trainer and choreographer, Rebecca Langwost-Barlow, four-time Olympic gold medalist Nicole Uphoff-Selke and an international perspective from FEI judge Dr. Volker Moritz.

CECE MADDLONE studied ballet, choreography, and theater arts in her youth, and her passion for these has evolved to include her own dressage pursuits, which span the last 20 years. FRANK MADDLONE

has been a composer and arranger for television and cinema since the 1980s. He adds his musical talents and technological wizardry to EquiChord's unique offering of services for the dressage or performance rider. Read more about the educational opportunities and musical aids EquiChord offers at www.EquiChord.com.

Rhythm Riding: A Guide to Riding with Music, by CeCe and Frank Maddlone with Dr. Cesar Parra. Spiral bound, paperback, 155 pp • 6 x 9 • color photos, drawings, charts, and music CD. Distributed by Trafalgar Square Books.

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