

Drug Rehab Center Puts Patient Needs At The Top Of The List



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Malibu, California, February, 2009 – Inside of a secluded piece of land just outside the hustle and bustle of the Los Angeles area lays a place where individuals can seek help for an addiction and regain their control on life. Cliffside Malibu offers a [drug rehab program](#) that sees the individual first and the addiction second. The staff is experts in the field of addiction recovery and utilizes services and knowledge to establish a treatment program that can be tailored to meet individual needs.



Upon arrival to the center, patients will not find stiff, impersonal white walls with bunk bed style accommodations. Those accommodations are reserved for a traditional [drug rehab center](#). There is nothing traditional about Cliffside Malibu. Many of the main rooms that patients will find themselves in offer

180 degree views of the Pacific Ocean. Living accommodations are available on a private or semi-private setting that offers all the comforts of home. Meditation gardens, outside patio areas and a comfortable living room complete with a television and games is made available to patients.

Cliffside Malibu offers treatment for a variety of addiction behaviors. Among those on the list are alcoholism, drug addiction and eating disorders. A variety of techniques are utilized in the Cliffside Malibu drug rehab program such as therapy on an individual and group basis. Some forms of therapy step outside the traditional treatment box. Staff utilizes physical therapies that maintain a hands-on approach and often includes psychological treatment as well.

One common reason many individuals seek out treatment at Cliffside Malibu is their alcoholism program. Staff at the treatment center fully understands that alcoholism stems beyond not being able to put the glass down or passing on an invitation to drink. There is the guided thought process that no two alcoholics are alike. Although there may be two patients suffering from an alcohol addiction, the same therapy program can not be utilized for both patients. Each must receive a personalized drug rehab program.



For that reason alone, Cliffside Malibu offers several varied approaches to [drug rehab](#) treatment. Therapists span a wide range of specialty areas such as equestrian therapy, spiritual therapy and hands-on therapy that include herbal and massage therapy aspects. Each of these therapy approaches work hand-in-hand with a personal chef and resident advisors that closely work with patients to help pinpoint the root of an addiction.

Cliffside Malibu fully recognizes that an addiction is rarely an act by itself. Many individuals enter the facility with a 'single' addiction such as drugs or alcohol. After some time in the drug rehab program, the realization occurs that there are very often two or three more addictions that have gone unnoticed in the patient's life. Each one comes together to strip a patient of the things most valued in life and replace those things with negative aspects. Through careful, hand-on therapy, the patient begins to deal with each addiction and make that all important first step towards a new, healthy life.

Drug treatment often comes with a social stigma attached. Cliffside Malibu instantly removes that blocker by boasting a clientele listing

that includes some of the biggest names in the music and movie industry. Patient confidentiality is of the utmost important to staff and personal information is never disclosed. This leaves patients free to gain the recovery needed and start building a new life without the fear of a social press conference being held at the same time.

For additional information on the full range of services for Cliffside Malibu, please feel free to visit the website at <http://www.cliffsidemalibu.com> or via email at admissions@cliffsidemalibu.com. All information will be kept confidential.

About Cliffside Malibu: Cliffside Malibu provides full scale treatment programs for a wide range of addictions. Staff is professional and discreet in dispensing the best course of action that serves an individual need to ensure the right course of action is taken the first time around. This ensures a successful second start to life in a healthy, happy, non-addictive manner.

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