

# Drug Treatment Center Provides Safe Landing For Fallen Addicts



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Author: <http://www.cliffsidemalibu.com>

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Malibu, California, February, 2009 – Revolutionary techniques and training utilized in therapy sessions at Cliffside Malibu provide addicts with a new outlook on life. This [drug treatment center](#) lies just outside the hustle and bustle of the Los Angeles area. In terms of what the center has to offer its patients, the surroundings seem like a world apart from the much more famous Los Angeles area.



Upon arrival patients will find competent staff members that are well versed in the area of drug treatment. Staff stand ready with open arms to welcome patients who are ready and willing to make that all important first step towards recovery. Therapy sessions are conducted on an individual and group basis. Other forms of therapy utilized by the center include massage therapy and integrating horses into a unique hands-on therapy that helps patients deal with the obstacles they are faced with and make a fresh start.

Cliffside Malibu does not believe that drug rehabilitation should be a carbon cut template process. That is no two patients should be treated for the same addiction in the same manner. The center goes to great lengths to establish an individual rehabilitation program that caters to who the person is as an individual. The generalization of the addiction behavior is left out of the recovery process.

Patients are evaluated by a primary therapist that will determine the best course of action in terms of the rehabilitation process. Each patient recovery program developed for drug rehabilitation starts with a determination of how the patient can best be treated for the addiction behavior. As this is being completed, therapists try to pinpoint if a second addiction also exists with the patient. The initial addiction is treated first and then subsequent ones after that.

Additional support reaches out to the patient's family through a 3 day family recovery program as well. Through the three day process, Cliffside Malibu works with the family to repair the damage done by the patient's addiction. Nothing will be fixed overnight but it is a step in the right direction towards healing the entire family. It is an essential part of the [drug treatment](#) recovery program that ensures a patient returns to a supportive environment once the treatment program has been completed.

Accommodations are not what one thinks of when the words "drug treatment center" is mentioned. Cliffside Malibu is not a typical rehab center. Several of the common areas in the center feature 180 degree views of the Pacific Ocean. There are areas isolated for meditation, relaxation as well as other recreations such as games and working out. Personal chefs are available to provide nutritious meals. Patient rooms offer all the comforts of home without harming treatment being received.

Some may criticize making accommodations comfortable and providing patients with activities such as hikes, walks on the beach and yoga classes. Staff at Cliffside Malibu would strongly disagree. Patients who enter [drug rehabilitation](#) are not being punished for the choices they have made in life. It is the direct opposite. They are working hard in therapy and other treatment aspects of the program to make a fresh start in life. Cliffside Malibu believes that providing comfort outside of the therapy setting can enhance all the hard work being done inside the therapy rooms. As patients feel comfort and safety, they are more likely to open up in therapy. By opening up, they are allowing the

healing to begin and therefore working to rid themselves and their life of addictive behaviors.

Cliffside Malibu keeps all inquiries and patient information confidential and patients are ensured a welcoming, safe place to leave the destruction behind and create a brand new life once leaving the center. Additional information can be found online at [www.cliffsidemalibu.com](http://www.cliffsidemalibu.com) and via email at: [admissions@cliffsidemalibu.com](mailto:admissions@cliffsidemalibu.com).

**About Cliffside Malibu:** Cliffside Malibu provides full scale treatment programs for a wide range of addictions. Staff is professional and discreet in dispensing the best course of action that serves an individual need to ensure the right course of action is taken the first time around. This ensures a successful second start to life in a healthy, happy, non-addictive manner.

**Contact Details: Cliffside Malibu**  
**1-800-501-1988**  
<http://www.cliffsidemalibu.com>  
[admissions@cliffsidemalibu.com](mailto:admissions@cliffsidemalibu.com)