

VistaBay Drug and Alcohol Rehabilitation Treatment Facilities With Holistic Programs



Released on: April 30, 2010, 3:51 am

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Industry: [Healthcare](#)

The Vista Bay Drug Rehab Program's success rate in curing prescription drug addictions is one of the top in the world. This incredible achievement is due largely to the fact that Vistabay Rehabilitation employs the tested and proven Narconon drug rehab plan. Narconon is a holistic program that treats the addict as a whole person. This specific program is based on a four-phase recovery method that is founded on the fact that addictions can be cured. Vista Bay Rehab successfully treats and cures various prescription addictions. This includes Oxycontin, Xanax, Suboxone, Methadone and Vicodin.

April, 2010 – Vista Bay Drug Rehab has one of the highest success rates in the world for curing prescription drug addictions. The center's phenomenal success is attributed to the fact that the Narconon Program is utilized. This method of recovery is solidly based on the notion that addictions can be cured. The holistic approach is comprehensive. Addicts are treated as people with addictions, which means their whole person is treated rather than only the substance abuse. The program is completed in a series of steps or phases, which begins with detoxification. Vista Bay Holistic Recovery offers hope for those addicted to prescription drugs.

Now more than ever before, prescription drug addiction is a risk factor for millions of people. Oxycontin, Xanax, Suboxone, Methadone, and Vicodin are notorious for being abused by both teenagers and adults. Some prescription drugs can produce euphoric feelings and others may result in the user feeling energetic, talkative, or just an overall sense of happiness. Others may help in weight loss efforts. As one enjoys the benefits it is sometimes easy to abuse the medications. A tolerance can quickly develop and soon the individual is

addicted. In almost every case an individual will wait for a defining moment that they consider to be 'rock bottom' before seeking help. By that time the addiction has affected body, mind, and spirit.

That is why the Vista Bay Holistic Recovery program is so effective. The holistic approach of the Narconon program begins with a unique detoxification. Detox at Vistabay Rehabilitation incorporates exercise, dry sauna sweating and vitamins to rid the body of the residues from the drugs. Without detox the residuals of the drugs can remain in the body for years. Detoxification frees the individual from feeling the adverse effects of the drugs that were taken in the past.

After completion of detox, Phase I, [Vista bay Drug Rehab](#) continues with a focus on education. Phases II and III are designed to teach self-control and build self-esteem. This educational process is an essential element of the Vista Bay holistic recovery approach. The fourth and final phase of Vistabay Rehabilitation is that of a follow up program. This phase is designed to assist the individual in making a smooth transition back into society. Regular contact with the graduate and immediate family is maintained during this phase.

Leland Michaels recently wrote a report that explored the benefits of the Narconon Program. Vista Bay Drug Rehab was noted as a top provider of the program. Additionally, Michaels' report pointed out the high success rate of facilities that utilize a holistic approach. [Vistabay Rehabilitation](#) is a leader in the industry when it comes to innovation and cure rates. Michaels contends that because the Narconon Program expresses the view that addictions can be cured, participants in the program are intrinsically more prepared for a successful recovery. Because the [Vista bay Holistic Recovery](#) method is comprehensive in nature, nothing is left to chance.

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