

Are You Planning a Summer of New Experiences?

The **co-operative**
good for everyone

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Share your 'must-do' list online

Those planning on sleeping under the stars or swimming with dolphins this summer holiday will be achieving one of the top-rated things to do during a lifetime.

People staying at home, could still try growing their own vegetables, going to a festival or even getting up early with a loved one to watch the sunrise.

All these experiences have been listed in the top 101 things to do during your lifetime, compiled by The Co-operative from its customers' suggestions of their most valued 'must-do' experiences of all time.

Adeline Bibby, Marketing Manager from The Co-operative Wills & Funeral Planning, said: "Everyone's list of the things they'd like to experience in life is so different and it is these differences which make us who we are as individuals.

"We're trying to capture all the 'must-do' experiences that people want to achieve in their lives. So, we've created a website where people can go and share the things they would most like to do so that it is there to inspire them, share with their loved ones and even to leave for future generations to see."

"Besides the holidays and experiences, one of the most important things on peoples' lists is to take care of their loved ones. And there are practical steps you can take to do this, for example by creating a Will or arranging a Funeral

Plan – both of which can be done with The Co-operative. Of course, that is in addition to the trip of a lifetime.”

[101 things to do before you die](#)

1. Design your own chocolate bar
2. Learn a musical instrument
3. Race the Stig in a Citroen 2CV
4. Write a book
5. Watch the sunrise with someone you love
6. Throw a surprise party
7. Hug a Koala
8. Try out a foreign language on a native speaker
9. Teach someone a skill you have
10. Make fire the old fashioned way
11. Swim with dolphins
12. Go walking without a map
13. Be an extra in a film
14. Go snorkelling
15. Turn your mobile off for a week
16. Get back in touch with a long lost friend
17. Perform in front of an audience
18. [Spend a day helping a charity](#)
19. See the Northern Lights
20. Have your portrait painted
21. Design an unbreakable brolly
22. Plant a tree
23. Write a fan letter
24. Sleep under the stars
25. Make a donation to a cause you care about
26. Celebrate your 101st birthday
27. Drive Route 66
28. Go on a bicycle tour
29. Learn to dance
30. To “Live”
31. Attend the Olympics
32. Learn to ride a horse
33. Try brewing beer or making wine
34. Learn to juggle
35. Try water skiing
36. Give someone a present you’ve made
37. Tell the Queen a joke – personally
38. Help improve one person’s life
39. Grow your own vegetables
40. Break a world record
41. Paint and frame a picture
42. Go to an open air festival
43. Be in a TV show audience

44. Read about yourself in a newspaper
45. Run your own business
46. Hold a snake
47. Go to a carnival
48. Spend a day watching your favourite movies
49. Drink champagne in Champagne
50. Eat at a Michelin starred restaurant
51. Run - or walk - a marathon
52. See a panda in its natural habitat
53. Learn to fly
54. Sing in a band
55. Win the lottery
56. Research the year you were born
57. Be an inspiration to someone
58. Have tea at The Savoy
59. Catch a 40lb carp
60. Drive a Ferrari
61. Learn to do the trapeze
62. Stand at the top of Ayers Rock
63. Do a bungee jump
64. Stroke a lion cub
65. See the World Cup final
66. Eat a meal in every continent of the world
67. Go for a picnic in the woods
68. Research your family tree
69. Sit in a hot spring pool in Iceland
70. Send a message in a bottle
71. Go on holiday with no luggage
72. Have a night at the opera
73. Climb to the top of Sydney Harbour Bridge
74. Spend the night in a haunted house
75. Learn to throw a boomerang
76. Walk the Great Wall of China
77. Fly a kite
78. Bury a time capsule
79. Give a homeless person your lunch
80. Ride a giant rollercoaster
81. Watch every James Bond film – back to back
82. Write the story of your life
83. Drive a steam train
84. Learn to abseil
85. Celebrate Mardi Gras in New Orleans
86. Keep Bees
87. Restore a classic car
88. Become a wine connoisseur
89. Take a trip on a canal boat
90. Have a day at the Races
91. Go on safari

92. Ride a rollercoaster
93. Walk behind a waterfall
94. Learn to say something in sign language
95. Go zorbing
96. Go to Disney World
97. Make your own jam
98. Take a trip to space
99. Walk down Hollywood Boulevard
100. See your favourite place from a hot air balloon
101. Look after your loved ones

Notes to editors:
The Co-operative Wills & Funeral Planning provide these essential services "all in one place".

As the UK's leading provider of Funeral Planning products, they have over 70 years experience in the funeral market and conduct 1 in 4 funerals in the UK. All Funeral Plans provided are fully guaranteed. This means no further payments are required when it comes to the actual arranging of the funeral regardless of how much prices have increased.

The Co-operative Funeralcare is a member of the Funeral Planning Authority (FPA). Ian Mackie, Managing Director of The Co-operative Funeralcare Life Planning, is one of the directors of the FPA.

The Co-operative Legal Services offers expertise across a range of legal areas providing legal help and support that is easy for the customer to understand. Will writing and Probate and Estate Administration services are provided on a fixed fee basis and agreed in advance so there are no hidden extras.

The Co-operative Group can also help with a number of items on the list as a part of their [Corporate Social Responsibility](#) efforts, for example number 86 "keep bees" is another social issue the Co-operative is involved in with their [Save the Bees](#) campaign.

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