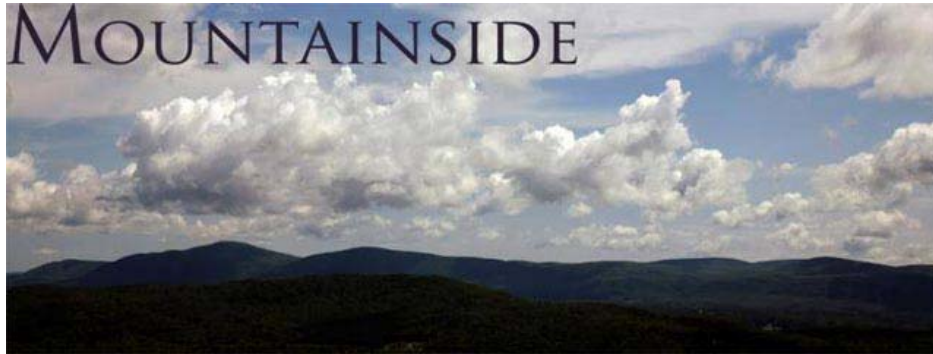


A Call For Tighter Non- Prescription Drug Regulation To Fight Meth Labs



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Author: [Mountainside Drug Rehab](#)

Industry: [Healthcare](#)

WASHINGTON DC - In recent years, the FDA has begun implementing tighter regulations for medications that previously could be obtained easily, off the shelf at any drug store. Yet, many states are pushing for even tighter regulations of non-prescription medications, such as those used to treat colds and flu.

"Cold and flu medications are useful for their intended application, however they can be altered and used for illegal purposes," begins a spokesperson for Mountainside Drug Rehab and Alcohol Treatment Center . "That's the main reason that the FDA began monitoring the purchase of those substances. Individuals were buying these types of medication in large quantities and modifying them to manufacture illegal meth. Obviously, the tighter regulations have severely limited individuals' ability to obtain these substances, however there will always be a way to circumnavigate almost any regulation. That's why many states are considering legislature to require a physician's prescription for these types of medications. Only time will tell if such measures will be passed and effective in combating the war on drugs and, particularly, meth labs."

Abuse of any drug significantly alters how an individual's brain functions. Brain imaging studies have shown that chronic meth abuse results in reduced motor skills as well as impaired verbal learning. In addition, many meth users experience significant emotional problems as a result of their abuse.

The NIDA cites the following statistics on methamphetamines:

- It's estimated that of all Americans 12 years and older, 10.4 million have tried meth at least once in their life
- Over 15,000 deaths occur from stimulant use
- Meth use contributed to over 8 percent of all drug-related Emergency Department admissions



Mountainside Drug
Rehab and Alcohol

Treatment Center is highly skilled in assisting families put their lives back together when affected by all types of substance abuse, including meth addictions. And, for the past 12 years, Mountainside has established itself as an innovator within the addiction treatment field, and the treatment modalities Mountainside utilizes are regarded as among the most cutting-edge approaches in helping individuals to get and to remain sober.

The compassionate, caring treatment team at Mountainside is comprised of licensed and certified counselors and social workers as well as a Nurse Practitioner and a Registered Nurse, both of whom have specialization and extensive experience in drug addiction and alcohol treatment. For clients who may have psychiatric issues and/or a dual diagnosis, Mountainside provides the services of a Psychiatrist who also has specialization in addictions. As a result of their unique, innovative approaches to [addiction treatment](#) over the past 12 years, Mountainside has become the model for the addiction treatment field.

The program, along with its professional addiction treatment team, have earned national recognition and resulted in Mountainside being

invited to Washington by the White House to meet with the White House Drug Czar, John P. Waters, for an in-depth meeting on what makes its program so successful. These accolades did not go unnoticed within the addiction treatment field and resulted in the adoption by many throughout the country of a more holistic approach to drug addiction treatment.

If you or someone you love is addicted to drugs or alcohol, or if you have any questions, please contact Mountainside [Drug Rehab](#) and Alcohol Treatment Center for a confidential inquiry at 800-762-5433.

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