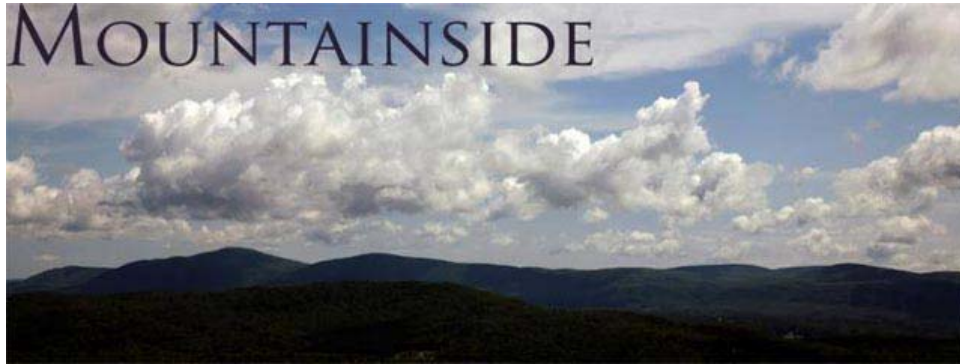


Early Alcohol Consumption Predictor For Future Marital Woes



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CONNECTICUT- Indiana University School of Education conducted a study slated for publication in the April 2011 issue of *Alcoholism: Clinical & Experimental Research* which indicates early alcohol use directly correlates to the age a person gets married.

In addition, the study suggests that those who are dependent on alcohol tend to have early separations once they are married.

"We've always known that alcohol dependence causes myriad problems," begins a spokesperson for Mountainside Drug Rehab and Alcohol Treatment Center. "However, studies such as these further emphasize what we have said all along: alcoholism affects the lives of everyone with whom the alcoholic is involved. Alcohol use puts a strain on marriages financially, emotionally, mentally as well as socially. Every single aspect of an individual's life is impacted by alcoholism. Alcohol use of a potential spouse is certainly an important point to consider prior to making the decision to enter into such a serious commitment and, if you're loved one needs [alcoholism treatment](#), it's best to know that from the outset."



The Summary Health Statistics for U.S. Adults showed that 52% of adults, 18 years and older, were current regular drinkers, consuming at least 12 drinks in the past year. In addition, 13% of adults 18 years and older were infrequent drinkers, consuming 1-11 drinks in the past

year. In addition, statistics for alcohol use tended to go down as a person got older.

Mountainside Drug Rehab and Alcohol Treatment Center specializes in helping the entire family and loved ones put back together their lives which have been affected by drug and alcohol abuse by offering comprehensive, compassionate programs in an environment conducive to healing. A key component of treatment is its Family Wellness Program.

For the past 12 years, Mountainside has established itself as an innovator within the addiction treatment field, and the treatment modalities Mountainside utilizes are regarded as among the most cutting-edge approaches in helping individuals to get and to remain sober.

The compassionate, caring treatment team at Mountainside is comprised of licensed and certified counselors and social workers as well as a Nurse Practitioner and a Registered Nurse, both of whom have specialization and extensive experience in drug addiction and alcohol treatment. For clients who may have psychiatric issues and/or a dual diagnosis, Mountainside provides the services of a Psychiatrist who also has specialization in addictions. As a result of their unique, innovative approaches to addiction treatment over the past 12 years, Mountainside has become the model for the addiction treatment field.

The program, along with its professional addiction treatment team, have earned national recognition and resulted in Mountainside being invited to Washington by the White House to meet with the White House Drug Czar, John P. Waters, for an in-depth meeting on what makes its program so successful. These accolades did not go unnoticed

within the addiction treatment field and resulted in the adoption by many throughout the country of a more holistic approach to drug addiction treatment.

If you or someone you love is addicted to drugs or alcohol, or if you have any questions, please contact Mountainside [Drug Rehab](#) and Alcohol Treatment Center for a confidential inquiry at 800-762-5433.

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