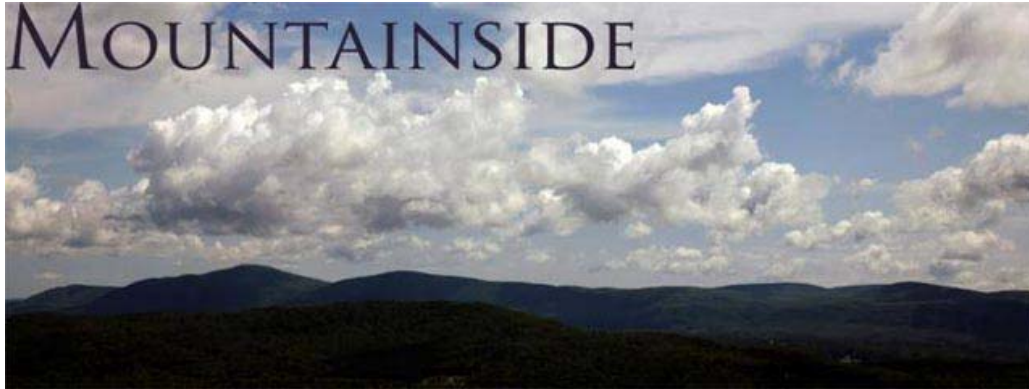


Increase In Number Of Teens Acquiring Alcohol At Home



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WASHINGTON , DC- The Substance Abuse and Mental Health Services Administration recently compiled past and current years data from their annual National Survey on Drug Use and Health and discovered that over 700,000 adolescents, ranging in age from 12 to 14, drank alcohol in the past month. Of the youth who consumed alcohol, 93.4 per cent obtained the alcohol for free and, even more alarming, nearly half obtained their alcohol in an unexpected setting: at home.

"Data such as this is important in winning the war on underage drinking and drug abuse," begins a spokesperson for Mountainside [Drug Rehab](#) and Alcohol Treatment Center . "It further emphasizes what we have known all along: drug and alcohol prevention for youth begins in the home.



Sometimes, parents are reluctant to have conversations with their children about tough subjects like these. But, opening up the lines of communication between parents and children is paramount in preventing the abuse of alcohol and drugs."

Experts who have commented on this study have indicated that this data isn't really new for those within the field, and that the family

and home setting is, generally, where youth begin their experimentation with drugs and alcohol. But, by bringing this information to the public, parents are will be made more aware of the dangers of substance abuse within the home.

Mountainside Drug Rehab and Alcohol Treatment Center is highly skilled in assisting families put their lives back together when affected by alcohol or drug use. And, for the past 13 years, Mountainside has established itself as an innovator within the addiction treatment field, and the treatment modalities Mountainside utilizes are regarded as among the most cutting-edge approaches in helping individuals to get and to remain sober.

The compassionate, caring treatment team at Mountainside is comprised of licensed and certified counselors and social workers as well as a Nurse Practitioner and a Registered Nurse, both of whom have specialization and extensive experience in drug addiction and alcohol treatment. For clients who may have psychiatric issues and/or a dual diagnosis, Mountainside provides the services of a Psychiatrist who also has specialization in addictions. As a result of their unique, innovative approaches to addiction treatment over the past 13 years, Mountainside has become the model for the addiction treatment field.

The program, along with its professional addiction treatment team, have earned national recognition and resulted in Mountainside being invited to Washington by the White House to meet with the White House Drug Czar, John P. Waters, for an in-depth meeting on what makes its program so successful. These accolades did not go unnoticed within the addiction treatment field and resulted in the adoption by many throughout the country of a more holistic approach to drug addiction treatment.

If you or someone you love is addicted to drugs or alcohol, or if you have any questions, please contact Mountainside [Drug Rehab](#) and Alcohol Treatment Center for a confidential inquiry at 800-762-5433.

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