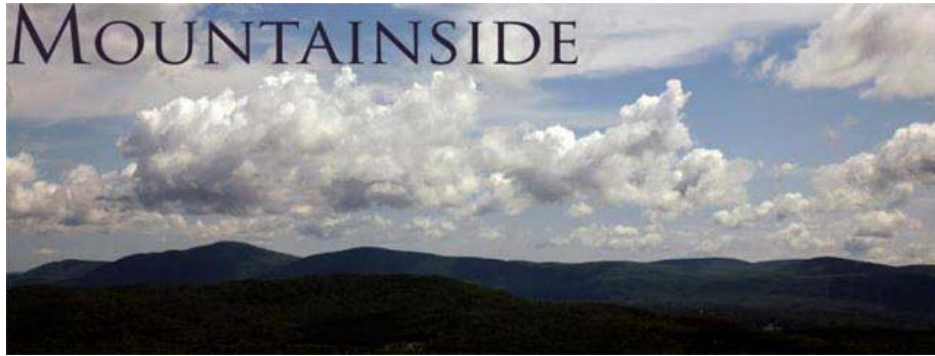


# Effective Alcohol Rehab Limits Widespread Impact Of Alcohol Abuse



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**WASHINGTON DC** - The problem of alcohol abuse is widespread and is becoming a growing epidemic, particularly among the youth of America . The Centers for Disease Control and Prevention estimates that 52% of individuals 18 years of age and older are current regular drinkers of alcohol.

"Excessive alcohol consumption is troubling on many fronts," begins a spokesperson for Mountainside [Drug Rehab](#) and Alcohol Treatment Center . "Not only does it tear families apart emotionally and mentally, but the socio-economic impact of is abuse affects everyone. We've got a legal substance that, when abused, will simply and completely



destroy lives. If we want to wage and win this war, alcohol use and abuse education is crucial, starting at a very early age."

The CDC statistics indicate that the number of alcoholic liver disease related deaths are nearly 15,000 annually. In addition, the annual number of alcohol-induced deaths, not including accidents or homicide,

are nearly 25,000 annually.

Those who abuse alcohol face a particularly stressful challenge. However, professional, highly-skilled treatment facilities, such as Mountainside Drug Rehab and Alcohol Treatment Center , are well-equipped to assist families affected by drug or alcohol abuse as they put their lives back together. And, for the past 13 years, Mountainside has established itself as an innovator within the addiction treatment field, and the treatment modalities Mountainside utilizes are regarded as among the most cutting-edge approaches in helping individuals to get and to remain sober.

The compassionate, caring treatment team at Mountainside is comprised of licensed and certified counselors and social workers as well as a Nurse Practitioner and a Registered Nurse, both of whom have specialization and extensive experience in drug addiction and alcohol treatment. For clients who may have psychiatric issues and/or a dual diagnosis, Mountainside provides the services of a Psychiatrist who also has specialization in addictions. As a result of their unique, innovative approaches to addiction treatment over the past 13 years, Mountainside has become the model for the addiction treatment field.

The program, along with its professional addiction treatment team, have earned national recognition and resulted in Mountainside being invited to Washington by the White House to meet with the White House Drug Czar, John P. Waters, for an in-depth meeting on what makes its program so successful. These accolades did not go unnoticed within the addiction treatment field and resulted in the adoption by many throughout the country of a more holistic approach to drug addiction treatment.

If you or someone you love is addicted to drugs or alcohol, or if you have any questions, please contact Mountainside [Drug Rehab](#) and Alcohol Treatment Center for a confidential inquiry at 800-762-5433.

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