

# Over 50 and Fabulous!

THE HARLEY MEDICAL GROUP®

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At 56 years old Carole Middleton, whose daughter was launched into the media spotlight on 29th April this year, has been quietly making her own mark as an emblem of style, sophistication and beauty for UK women over 50.

Recently pictured arriving at a charity event in London, it was Carole's legs that were the centre of attention, looking sleek, shapely and picture perfect, Carole Middleton showed women everywhere that over 50 is the new fabulous.

Although she is leading the pack, as the poster woman for over 50's, Carole Middleton is not the only one showing UK women how it's done, with Carol Vorderman, 50, winning the 2011 rear of the year award and Helen Mirren, 66, crowned body of the year 2011.

Lisa Littlehales, Lead Nurse Counsellor at The Harley Medical Group, says: "Carole Middleton is emerging as an icon for British women of a similar age – she is definitely leading the trend for women over 50 feeling more attractive and confident than ever before.

"Just like Carole Middleton, lots of women over 50 are inspired to get their legs out and show off their confidence, 15% of non-surgical treatments for legs, across the Group's 31 clinics are booked by over 50's. These treatments include [Thread Vein Removal](#), [Laser Hair Removal](#) and Aesthera PPX- a leading skin rejuvenation treatment which helps get rid of lines and wrinkles, uneven pigmentation and sun damage.

“Surgical treatments such as a Facelift, Eye-Bag Removal, Tummy Tucks and Breast Uplifts, are also popular among women over 50, who want to rejuvenate their bodies. Many of these women opt for surgical options to help them look as confident as they feel.”

### **Top Treatments Among Women Over 50**

Botox

Fillers

Non-Surgical Facelift

Thread Vein Removal for the legs

[Stretch marks](#) and Scar Removal

[Face lift](#)

[Eye Bag Removal](#)

Breast Uplift

Tummy Tuck

For more information on surgical or non-surgical procedures please visit [www.harleymedical.co.uk](http://www.harleymedical.co.uk) or call: 0800 085 4984 You can now follow The Harley Medical Group on Facebook at: [www.facebook.com/theharleymedicalgroup](http://www.facebook.com/theharleymedicalgroup)

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#### NOTES TO EDITORS:

The Harley Medical Group is the UK and Ireland’s largest cosmetic surgery provider, performing more procedures and with more clinics than any other cosmetic surgery group. It has been established since 1983 and is one of the most highly-regarded Cosmetic Surgery Groups operating in the UK. It has treated over 500,000 patients to date.

The Harley Medical Group works tirelessly to maintain the highest standards in the industry for the benefits all cosmetic surgery and non-surgical patients. We are currently at the forefront of the campaign to ensure that the Government continues to regulate the use of certain laser types used in cosmetic surgery and non-surgical treatments so that patients are protected from rogue practitioners.

In 2004, The Harley Medical Group’s Chairman Mel Braham, at the request of the Department of Health became a member of the department’s Steering Committee, set up to oversee the introduction of new regulations covering the entire Cosmetic Surgery sector. All of The Harley Medical Group’s clinics are registered with the Care Quality Commission. There are now 31 clinics in the UK and Ireland: London (Harley Street, Wimbledon, The City, Chiswick, Finchley & Watford),

Marlow, Birmingham, Leeds, Brighton, Bristol, Manchester, Newcastle, Chester, Nottingham, Southampton, Cardiff, Chelmsford, Dublin, Northampton, Cambridge, Maidstone, Belfast, Reading, Sheffield, Liverpool, Bromley, Glasgow, Cheltenham, Leicester and Guildford.

The Harley Medical Group is renowned for introducing and pioneering most new surgical and non-surgical techniques to the UK and Irish markets, such as Aesthera PPx, Laser Hair Removal, Cool Touch, and Silk Touch Lasers, Collagen for lines and wrinkles, Laser for snoring, Tumescant Liposuction, LPG cellulite treatment etc. All new treatments and techniques are first thoroughly researched and tested before they are submitted for approval by the Group's Medical Advisory Board.

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