

Helpful Information For People Who Suffer From Incontinence



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Incontinence can be described as the uncontrolled leakage of urine or faeces, and is an extremely common problem. But help is at hand. Incontinence UK is a leading UK supplier of incontinence products, incontinence pads and incontinence pants.

You'll find a series of helpful frequently asked questions below, designed to help you gain a greater knowledge of the [incontinence products](#) available, so that when it comes to purchasing incontinence products, incontinence pads or incontinence pants of your own, you are able to make an informed decision.

Will one type of incontinence product suit all my needs?

This is not always the case, and different incontinence products, [incontinence pads](#) and [incontinence pants](#) will offer different benefits.

Some sufferers might prefer a smaller, thinner incontinence pad or [incontinence pant](#) during the day but a larger, more absorbent incontinence pad at night when their leakage could be more severe. Alternatively, some incontinence sufferers might prefer the simplicity of exchanging incontinence pads during their daily routine, but prefer the added security of incontinence pants on special occasions or long days out.

What are the benefits of disposable incontinence pads?

Disposable incontinence pads can be thrown away after usage, meaning that hygiene and convenience are great benefits. It is very

easy to carry disposable [incontinence products](#) with you and change them as and when is needed. Incontinence UK supply a large range of disposable incontinence products, pads and pants; ensuring that you can find an incontinence product to suit your needs.

What are the benefits of washable incontinence products?

Over time, washable incontinence pants prove to be more economical and environmentally friendly than disposable incontinence products. With the look and feel of normal underwear, certain incontinence sufferers prefer to wear washable incontinence pants, and they can also be easier to store. It is important, however, to ensure that you have enough washable incontinence pants to suit your needs.

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