

Chris Smith, The Diabetic Chef Joins "Living Well" Diabetes Eduaction Cruise Hosted by Diabetes Daily Post (DDP)



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Novi, MI, June 30, 2012, 3:49 am -- [/EPR NETWORK/](#) -- Novi-based Diabetes Daily Post announces on June 29, 2012 that it has join hands with Chris Smith to educate diabetes patients on nutrition, diet, and diabetes cooking on Royal Caribbean Cruise which sails on January 7, 2013 for a 6 day Caribbean cruise. Other participants are Jorge Prada, MD, an Educator and Diabetes Researcher, Susan Sloane Pharmacist and Certified Diabetes Educator, a member of American Diabetes Association board of director and Charles Liu, Clinical Pharmacist with special interest in Type 2 Diabetes. With Chris Smith's participation, DDP's education program lands itself as one the most comprehensive and dynamic diabetes education program offered in the North America. The participants will receive a broad and comprehensive education including a diabetes-exercise session and onboard two-mile fun walk for diabetes to raise funds for the American Diabetes Association

and go home with usable recipes and cooking methods to control their diabetes better.

"Diabetes is a cause for many other metabolic diseases such as heart and vascular diseases and stroke. Complications include loss of eye sight, kidney failure and amputation. Recent study showed a 62% reduction in diabetes-related health care costs if a comprehensive interdisciplinary diabetes education is implemented. Diet control is one of the most important facets in controlling diabetes and this is often neglected or ignored. We are very fortunate to have Chirs onboard to drive home on this point. Chris is known as one of the most caring and talented chef. He educates and motivates: he is completely at home with the subject of type 1 diabetes and type 2 diabetes. His passion comes from being a diabetic patient himself." says Charles Liu R.Ph, MBA, DDP's Cruise Education Coordinator and spokesman.

The Diabetes Daily Post

a/k/a/ www.diabetesdailypost.com based in Novi, Michigan was created in 2011 to educate, enrich, and expand the knowledge of Diabetes. Its goal is to keep you informed about the latest news and drug innovations, provide health tools for diabetes management, motivate with triumph personal stories and talk about key opinion leaders who have worked on the elusive cure for Diabetes. The **Diabetes Daily Post** offers its "Living Well" Diabetes Education program both on cruises and in major cities.

Chef Chris is a Certified Executive Chef with over 20 years experience in the culinary field. With his focus on healthy cuisine, Chef Chris is an authority on diabetic nutrition and food preparation. He has been featured in TIME Magazine, USA Today, CNN, Web MD, Southern Living magazine. National television appearances include "DLIFE" and "Taking Control of Your Diabetes". Chris is Novo Nordisk "Diabetes Academy" National tour speaking to both public and corporate audiences on the importance of cooking healthy and maintaining a healthy lifestyle. Chef Chris's cookbook: The Diabetic Chef's

Year Round Cookbook along with Cooking with The Diabetic Chef, are published by The American Diabetes Association. Both cookbooks provide simple tips, cooking techniques and a wide range of easy to prepare recipes the whole family will enjoy!

If you'd like more information about this topic, please consult www.diabetesdailypost.com Search cruise or click <http://diabetesdailypost.com/type-2-diabetes-travel-tips-how-to-book-a-cabin/>

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